



# UNLOCKING WHAT DRIVES CONSUMER BEHAVIOR:

Breaking the Demographic Mold



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# WHAT TO EXPECT

01

Learn why traditional demographic-based personas fall short and how relying only on surface traits risks oversimplifying consumers, missing key opportunities, and reinforcing stereotypes.

02

Discover how anthropological insight can help to create belief-based personas that unlock deeper insights, revealing consumers' true motivations, cultural influences, and the emotional and social dimensions of Jobs to Be Done.

03

Understand how richer, belief-based personas fuel better targeting, product innovation, and messaging, driving deeper emotional connections and paving the way for more sustainable growth.

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# WHAT DO KING CHARLES AND GENE SIMMONS HAVE IN COMMON?

# SURPRISINGLY ALIKE?





**Demographics alone do not define  
consumers**



# WHAT'S AHEAD?

- 01 | Why Targeting Matters
- 02 | Demographics and Its Limits
- 03 | Anthropology for a Human-Centered Approach
- 04 | Case Studies: Artificial Intelligence and Clean Eating

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# WHY TARGETING MATTERS

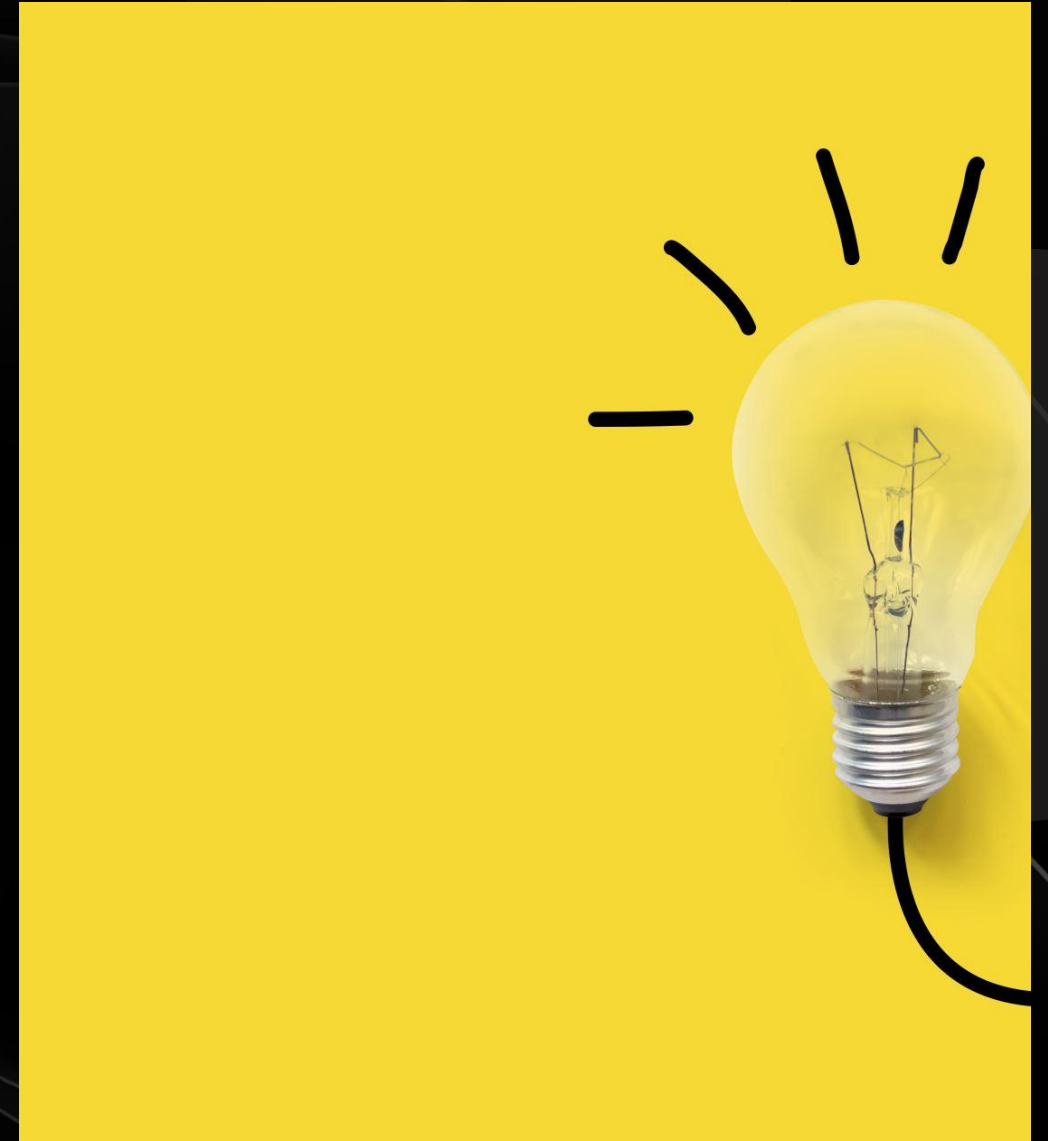
# CLARITY STARTS WITH YOUR CONSUMER

Without a target consumer, you're just guessing

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Know who you're building for so you can be authentic, intentional, and effective.

- Audience clarity helps build brands that connect on all levels
- A defined consumer aligns teams around a shared vision of who they're serving





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# DEMOGRAPHICS AND ITS LIMITS

# WHY USE DEMOGRAPHICS IN PERSONAS?

Demographics helps brands target consumers based on observable factors like age and income for the following reasons:

- It offers simplicity and is relatively easy to collect, measure, and analyze.
- Demographics scales easily, so media often sell audiences on demographic factors.
- For decades, demographics has been the foundation of marketing and product planning.



“ ”

**Demographics provide discrete boxes to put people into and helps us make the world neat...demographics, while factual, don't accurately describe who people are.**

Marcus Collins, For the Culture





# LIMITATIONS

Demographics are the skeleton — but not the soul

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It shows the who, not the why or what's next. Demographics cannot:

- Reveal motivations, aspirations, or cultural values
- Capture shifting identities (e.g., gender fluidity, multigenerational households)
- Predict emotional triggers



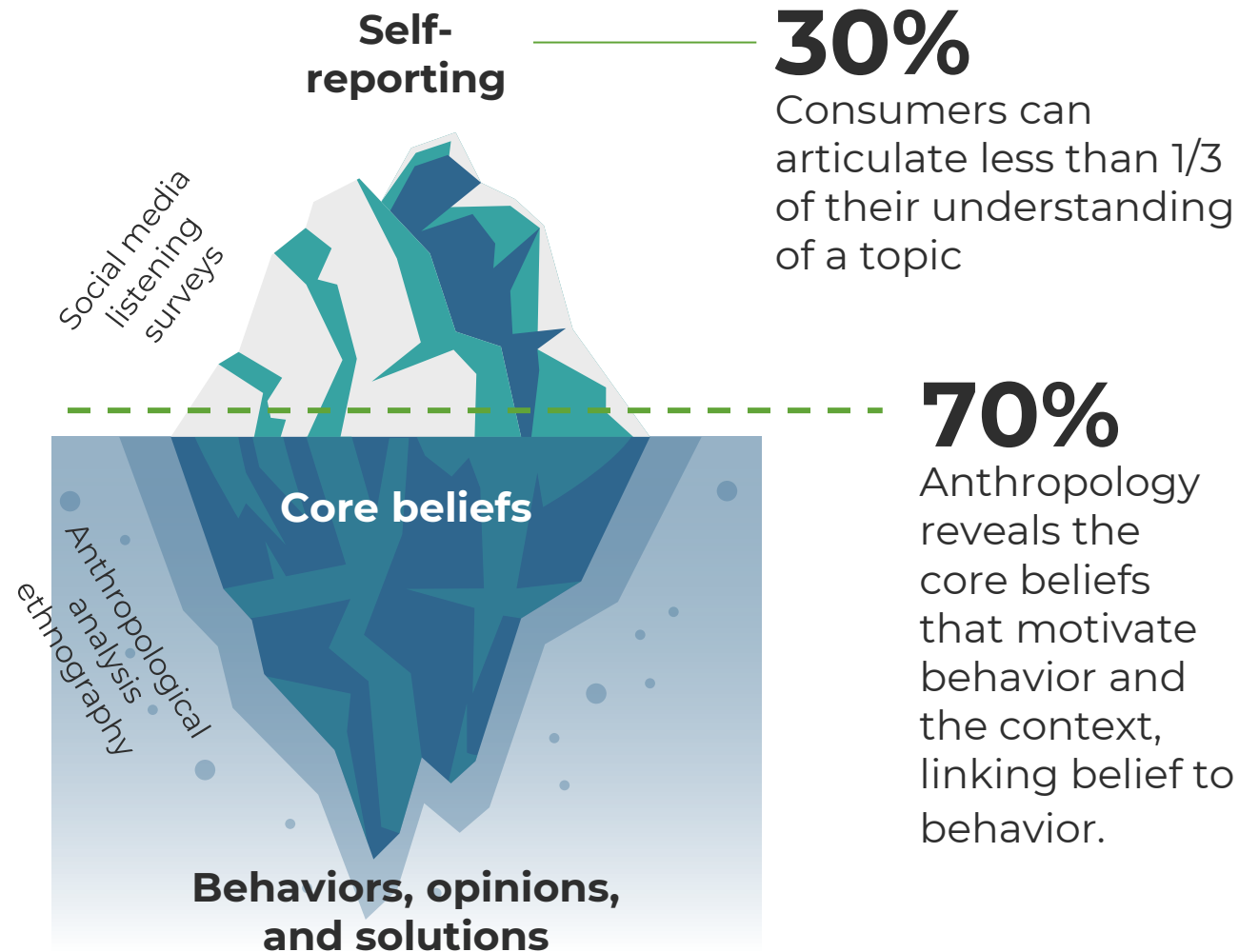
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# ANTHROPOLOGY FOR A HUMAN-CENTERED APPROACH

# DECODING BELIEFS

Cultural anthropology helps us understand consumers' core beliefs for better targeting:

- It reveals the invisible cultural forces that drive behavior.
- It uncovers the “why” behind behavior through shared values, beliefs, and rituals.





# HUMAN-CENTERED PERSONAS

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Modern targeting looks beyond demographics to embrace:

- Motivations, values, attitudes, and interests
- Cultural drivers (community influence, identity expression)
- Jobs to be done (functional/emotional tasks consumers are trying to solve)



# THE POWER OF CULTURAL INSIGHT

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Traditional Approach	Ethnographic Approach
Age, gender, income, etc.	Beliefs, values, cultural context
Observed behaviors	Underlying motivations
Static segments	Evolving mindsets
Self-reported data (surveys, interviews)	Natural language analysis
Generalized messaging	Context-rich narratives
Individual in isolation	Individual in culture

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# CASE STUDY: ARTIFICIAL INTELLIGENCE

# TRADITIONAL APPROACH

Gen Z Leads the AI charge: Young, urban, and hyper-personalized

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Leading consumers of AI:

- Skew toward younger males with higher income and education levels
- Are working professionals living in urban areas
- Are open to innovation, tech-savvy, and have a preference for personalized experiences





# ETHNOGRAPHIC APPROACH

AI enthusiasts seek progress with purpose

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Leading consumers of AI:

- Are motivated by the prospect AI offers for personal and societal progress
- Approach AI with a sense of cautious enthusiasm, aware of both its promise and pitfalls
- Desire AI products and services that emphasize ethical design, transparency, and the enhancement of human skills



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# CASE STUDY: CLEAN EATING



## The clean plate club: Young, wealthy, and ingredient-savvy

- Skew toward younger people with higher income and education levels
- Live in urban areas
- Prioritize healthy eating to enhance their longevity and demonstrate commitment to a healthy lifestyle





# ETHNOGRAPHIC APPROACH

Clean eating is a marker of health, status and prestige

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Leading consumers of clean eating:

- Are motivated to feel in control of their health
- Want the symbolic capital associated with purity and authenticity, reflecting their desire for a more natural lifestyle.
- Want to take a holistic approach to health that includes psychological well-being.



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# TAKEAWAYS

# KEY TAKEAWAYS

1

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## **Traditional personas rely on demographic information.**

- While these demographics are helpful, they are not sufficient.
- There's a risk of over-simplifying and stereotyping consumers.
- There's also a risk of missed opportunities.

2

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## **Anthropology helps create more holistic personas.**

- Anthropology allows a deeper understanding of consumers' motivations.
- It helps us better understand cultural requirements.
- It allows us to identify the social and emotional elements of JTBD.

3

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## **Better personas means better targeting leading to more sustainable growth.**

- This helps develop products and messaging that foster deeper emotional connection.

# LUX CLIENT ACTION ITEMS

1

**Segment consumers by value systems, not just demographics.**

Leverage Lux's ethnographic tools to identify emerging, culturally rooted motivations.

2

**Further integrate consumer motivations into your innovation funnel.**

Use consumer motivations to fuel early stage innovation, validate concepts, and prioritize product features that align with emotional and cultural drivers.

3

**Use cultural signals to inform communication and design strategies.**

Use Lux's tools to uncover the specific expectations, words, visuals, and claims that resonate within relevant cultural spaces.

4

**Stay ahead of cultural trends using our virtual anthropologist.**

Invest in innovation areas where cultural relevance is growing and avoid trends that are peaking or becoming diluted.





# THANK YOU

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